

Senior Meals Whitingham Municipal Center

JULY MENU

Thursday, July 1st *Meat Loaf, sweet potato's, squash & tomatoes, tossed salad, apple cobbler*

Tuesday, July 6th *Chicken Marsala, mashed potato, carrots, tortellini, blueberry cream cheese cookie*

Thursday, July 8th *Sausage and Peppers sandwich, broccoli, cucumber salad, Brownies*

Tuesday, July 13th *Cold Plate, Turkey, Ham & Tuna salads, tomato & lettuce, pickle, potato chips, finger rolls caprese salad, Rhubarb crisp*

Wednesday, July 8th **Readsboro**

Thursday July 15th *Chicken cordon bleu, wild rice, green beans, split pea soup, fresh melon*

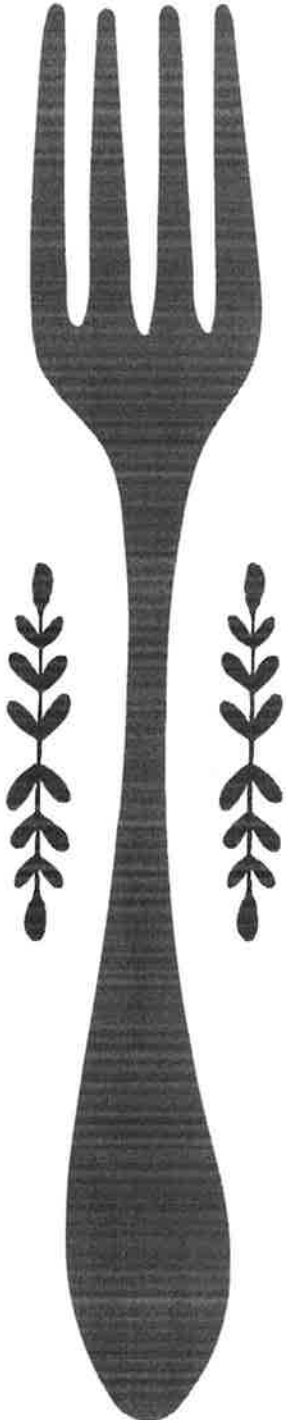
Friday, June 16th, **Halifax Meal.**

Tuesday, July 20th & Thursday, July 22nd

Closed for volunteer vacation

Tuesday, July 27th *Spinach & Cheese Ravioli in a red sauce, sausage, corn & black bean mix, roasted potatoes, tomato & basil soup, fresh fruit*

Thursday, July 30th *Baked fish, mash potatoes, stir fry vegetables, birthday cake, cranberry spinach salad*



For information call Deerfield Valley Meals 802-368-7567
On Facebook "Deerfield Valley Senior Meals"
Tuesdays and Thursdays, lunch served at Noon.
Tuesday Ping-Pong 10:30, Thursday Bingo at 10:30