## Community

Guided Snowshoe Wal

Event

February 28,2021 11:00-12:30

## Whitingham, VT

Harriman Dam Trailhead: Take Route 100 South from Whitingham, turn right on the Dam Road, follow it to the end and you will find a parking area Please wear a mask and practice social distancing.

Show your heart some love for American Heart Month and come join us for a guided snowshoe walk on the Catamount Trail! The  $\sim 1.5$  hour walk will be lead by Karen Hein, outdoor enthusiast and MD. It is well suited for beginner snowshoers, following a segment of the trail that is fairly flat with beautiful views.

Whitingham Library has snowshoes available for lending for the event that can be checked-out, but hiking boots and cross country skis are always alternatives.

For more information on the event, contact the Whitingham Library at (802) 368-7506 or Shyla at the Vermont Department of Health (802)257-2880.