

Senior Meals Whitingham Municipal Center

June Menu

Tuesday June 2st *Spaghetii & Mealtballs, green beans, chicken & vegetable soup, Fruit medley*

Thursday, June 4th *Chicken cutlet, broccoli & cauliflower, sweet potatoes, capris salad, peaches & blueberries*

Monday June 6th Bennington shopping day-free Moover transportation – call ahead to reserve your spot 888-869-6287

Tuesday June 7th *Meatloaf & gravy, mashed potatoes, sweet carrots, Pasta Fragiola soup, mandarin oranges*

Wednesday, June 8th **Readsboro Meal**

Thursday, June 9th *Fish Taco's (baked white fish, corn, cabbage, tomatoes, in a dill sauce on a tortilla) with cucumber & onion salad, corn chowder, brownie*

Tuesday, June 14th *Lasagna, sausage, green beans, Julienne veggies, fresh fruit*

Thursday, June 16th *Eggplant Parmesan, pasta, green beans, minestrone soup, fruited jello*

Friday, June 17th **Halifax Meal-**

Tuesday, June 21th *Baked Chicken, rice, corn & black bean mix, spinach & tomato salad, pudding with fruit*

Thursday June 23rd *Hot dogs & Beans, brown bread, coleslaw, cranberry & spinach salad, birthday cake*

Tuesday, June 30th *Baked Tilapia, Roasted red potatoes, mixed vegetables, tossed salad, blueberry cobbler*

For information call Deerfield Valley Meals 802-368-7567

On Facebook: Deerfield Valley Senior Meals
Tuesday & Thursday meal served at Noon

The Moover provides Free transportation to and from
Senior Meals call for pick up 888-869-6287

