

Senior Meals Whitingham Municipal Center

JANUARY MENU

Tuesday, January 4th. *Spaghetti & meatballs, carrots ,
julienne vegetables, peanut butter cookie.*

Thursday, January 6th *Chicken a la king over noodles,
green beans, caprice salad, pears & blueberries*

Tuesday, January 11th *Baked meatloaf, au gratin potatoes,
green peas & onions, tossed salad, pudding*

Wednesday, January 12th **READSBORO MEAL**

Thursday, January 13th *Chicken parmesan, over pasta,
carrots, minestrone soup, fresh fruit*

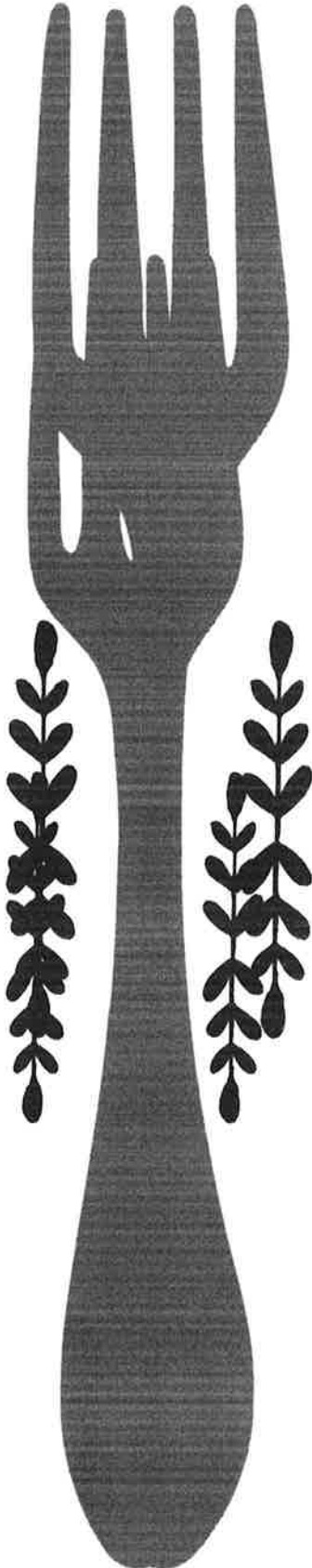
Tuesday, January 18th *Beef & Stout pie, rice pilaf, corn,
split pea soup, chocolate chip cookie*

Thursday, January 20st *Sausage, pepper and onion
sandwich, French fries, coleslaw, vegetable soup, cottage cheese
fluff*

Friday, January 21th **HALIFAX MEAL**

Tuesday, January 11th *Baked Chicken, mixed vegetables,
baked sweet potatoes, tortellini soup, brownies*

Thursday, January 27th *Maple Baked Cod, broccoli &
cauliflower, home fried potatoes, clam chowder, Birthday Cake*



For information call Deerfield Valley Meals 802-368-7567
Tuesday & Thursday call between 9:30 & 10:30 to order
\$4 suggested donation 60+ ...Meal pickup Noon-One.