

Senior Meals Whitingham Municipal Center

NOVEMBER MENU

Tuesday, November 2nd Shepard's pie, broccoli & cauliflower, fresh tossed salad, cookies

Thursday, November 4th Chicken cordon blu, corn & blackbean mix, roasted red potatoes, Portuguese soup, brownie

Tuesday November 9th Spaghetti and meatballs, carrots, garlic bread, caprice salad, Baked Apple crisp

Wednesday November 10th Halifax Senior Meal

Thursday November 11th Baked stuffed sole, butternut squash, rice pilaf, New England clam chowder, fruited jello

Friday November 19th Halifax Senior Meal

Tuesday November 16th Tuna Casserole with egg noodles, mixed vegetables, sausage & lentil soup, Pudding

Thursday November 18th Thanksgiving Celebration, cheese and crackers, roasted turkey, mashed potato, stuffing, green bean casserole, butternut squash, cranberry sauce. Pies **RESERVATION ONLY**

Tuesday November 23th Chicken Marsala, mashed sweet potatoes, grilled vegetables, spinach & cranberry salad, cottage cheese and oranges.

Thursday November 25th Happy Thanksgiving!

Tuesday November 30th Pork loin, roasted potatoes, carrots, split pea soup, bread pudding.



For information call Deerfield Valley Meals 802-368-7567
On Facebook "Deerfield Valley Senior Meals"
Tuesday & Thursday meal served at noon
\$4 suggested donation 60+