

Senior Meals Whitingham Municipal Center

NOVEMBER MENU

Thursday November 1st Shepard's pie, mixed vegetables, fresh tossed salad, peanut butter cookie

Tuesday November 6th NO MEAL VOTING DAY

Thursday , November 8th Pork tenderloin with mushroom gravy, buttery acorn squash, roasted potatoes, Portuguese soup, apple crisp

Tuesday November 13th Spaghetti and meatballs, green beans, garlic bread, cream of mushroom soup, ice cream

Thursday November 15th *Thanksgiving Celebration, Roasted Turkey. Mashed potato, stuffing green bean casserole, butternut squash, cranberry sauce. Pumpkin turnovers.*

Friday November 16th Halifax Senior Meal

Tuesday November 20th *Beef stroganoff, egg noodles, butternut squash, Caprese salad, Jello and fruit*

Thursday November 22nd Happy Thanksgiving!

Tuesday November 27th *Pulled pork sandwiches, mashed sweet potatoes, pickles, spinach salad, mandarin oranges..*

Thursday November 29th *Baked salmon with lemon butter, beets, spanish rice, New England clam chowder, birthday cake*

For information call Deerfield Valley Meals
Tuesdays and Thursdays 10:00 – 1:30. 802-368-7567
Tuesday 10 – 11:30 PingPong
Thursday 10:30 – 11:45 BINGO
\$4 suggested donation 60+ ...Meals served at Noon.

