

# HUNGRY LION BIKE TOUR

DEERFIELD VALLEY - WHITINGHAM, VERMONT

## **For immediate release**

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## **Sixth Annual Hungry Lion Bike Tour will return to Southern Vermont this Fall**

**Whitingham, VT**— On September 30, the Whitingham-Halifax Lions Club will host the Sixth Annual Hungry Lion Bike Tour (HLBT) through southern Vermont and western Massachusetts. The HLBT attracts riders from all across New England and even as far as New York City, to enjoy fall foliage rides of 10 to 75 miles. As in the past, the 2017 tour will offer cyclists a choice of four rides through a wide range of terrain, from challenging hills to riverside lanes, from rolling countryside to picturesque villages.

“We have rides to challenge cyclists at all levels of ability,” says Julie Muller, co-chair of the HLBT, who notes that many riders return every year to enjoy the rural beauty and spectacular fall foliage.

The HLBT is a fully supported ride that includes rest stops with healthy snacks, water and beverages, as well as a barbecue celebration at the finish. Van support is available for riders who request it, and riders are eligible to win a variety of prizes including bike gear and gift certificates from local businesses. All rides start and finish at Town Hill in Whitingham, VT.

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The HLBT was created in 2011 to help raise funds to fight hunger in Southern Vermont. To date, the event has raised more than \$50,000 for the Lion's annual Holiday Food Basket program, and for local food pantries.

"Hunger affects nearly one in five Vermonters," said Muller. "People don't see it because so many hungry people are very private about it. But hunger and food insecurity are definitely a problem in our community. Fortunately, we can do something about it! Our Lions Club – and our partners in the Wilmington Rotary Club -- are working hard to ensure that local families and seniors get the nutrition they need, through our Holiday Food Basket program and through donations to local Food Banks."

Cyclists who want to enjoy a great ride while helping raise money for a great cause can visit <http://www.hungrylionbiketour.com> for more details and registration information.