

# Senior Meals Whitingham Municipal Center

## DECEMBER MENU

**Tuesday, December 4<sup>th</sup>** *Baked Stuffed Chicken, Fresh green beans, New England Clam Chowder, mandarin orange*

**Thursday December 6<sup>th</sup>** *Baked Salmon, garlic bread, sautéed spinach and onions, Spanish Rice, Chicken and Rice Soup, Fresh Fruit Salad* ---- TREE TRIMMING AT 11:00

**Tuesday, December 11<sup>th</sup>** *Beer Battered Cod, Broccoli and Cauliflower, Fried Potatoes, Fresh salad, Ice Cream*

**Wednesday, December 12<sup>th</sup>** *Readsboro Meal*

**Thursday, December 13<sup>th</sup>** *Beef & Stout Pie, Harvard Beets, baked potato, Minestrone Soup, Pudding*

**Friday, December 14<sup>th</sup>** *Halifax Meal*

**Tuesday, December 18<sup>th</sup>** *Chicken Parmesan, fettuccine noodles, grilled mixed vegetables, Tossed Salad, brownies*

**Thursday, December 20<sup>th</sup>** *Christmas celebration Ham with pineapple & cherry, yams, pea's & onions, Christmas Pie's*

**Thursday, December 25<sup>th</sup>**-NO MEAL

**Thursday, December 27<sup>th</sup>** *Tuna casserole, green beans, spinach & tomato salad, birthday cake.*



For information call Deerfield Valley Meals  
Tuesdays and Thursdays 10:00 - 1:30. 802-368-7567  
\$4 suggested donation 60+ ...Meals served at Noon.  
Tuesday-PingPong at 10:30, Thursday-Bingo at 10:30