

Senior Meals Whitingham Municipal Center

AUGUST MENU

Thursday August 1st Ravioli with meatballs, ceasar salad, garlic bread, pears

Tuesday, August 6th *Meatloaf, rice pilaf, Green peas, French onion soup, fruited Jello*

Thursday, August 8th *Cold Meal, Tuna salad, Ham salad, Chicken Salad, Potato Salad on a bed of lettuce. Finger rolls, ice cream sandwich*

Tuesday, August 13th *Shepard's Pie, broccoli, tortellini soup, fresh fruit cocktail*

Wednesday August 14th Readsboro meal

Friday August 16th Halifax meal

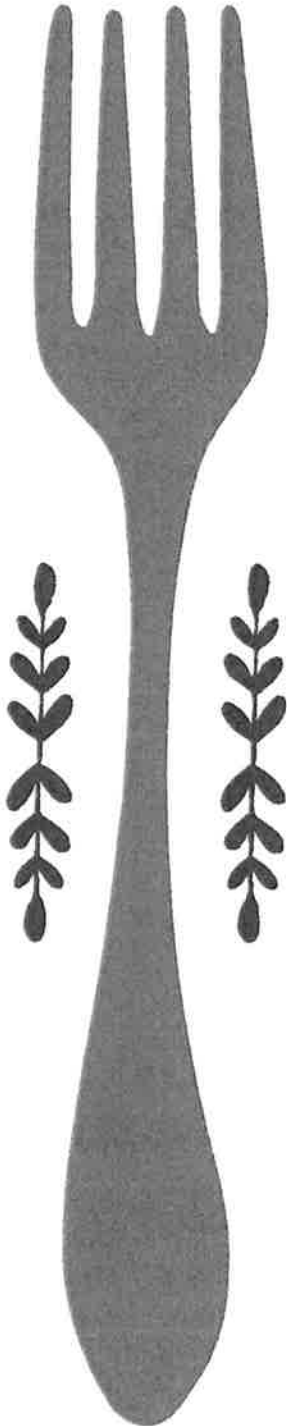
Thursday, August 15th **COMMUNITY OUTING** at Ed Dolan's home in Jacksonville.

Tuesday, August 20th, *Roasted pork loin, Carrots, baked potato, spinach salad, ice cream*

Thursday, August 22nd *Baked Salmon, Green peas, Roasted Red potatoes, tomato & basil soup*

Tuesday, August 27th *Chicken Teriyaki, corn, fried rice. Apple crisp, Cucumber Salad*

Thursday August 29th *Spaghetti with sweet Italian sausage, tossed salad, birthday cake*



For information call Deerfield Valley Meals
Tuesdays Ping Pong & Thursdays Bingo 10:30 – 1:30.
Telephone - 802-368-7567
\$4 suggested donation 60+ ...Meals served at Noon.